



Los Ranchos Village Vision

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Hello Spring!

TIME FOR SPRING CLEANING

Tips for Tidying
and Organizing Your Home
Handy Spring Cleaning Checklist

THE UPCOMING IRRIGATION SEASON

A closer look at our water supply

PRUNING FRUIT TREES

PLUS

**AGRI-NATURE CENTER
PARTNERS WITH
LOS RANCHOS ELEMENTARY**

**WHAT TO DO IN YOUR GARDEN
IN MARCH AND APRIL**



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Mayor's Report

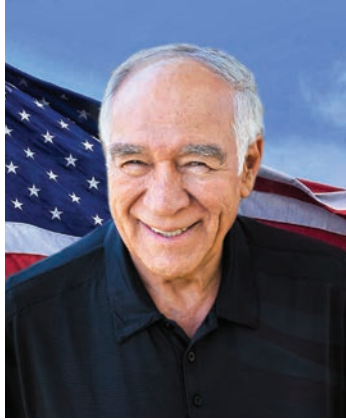
Thanks to all of you reading this report. This column is a chance for me to catch you up on what's happening in the Village, give you updates on key projects, and let you know where I stand.

First, the Legislature:

I've been very involved with the NM Legislature, working alongside our lobbyist, Kim Legant, to bring some needed capital outlay to the Village. Our priorities are 4th Street; funds for open space, parks and pickle ball; and improvements to our facilities. While we have a lot of support in Santa Fe, we won't know how we fare until the session ends March 17th. If there are items that you all feel strongly about, I encourage you to call or write to our legislators —Senators Bill O'Neill and Katy Duhigg, and Rep. Dayan Hochman-Vigil.

The Citizen's Advisory Committee is working remarkably well. This advisory group is looking at the Commercial Zone, the Village Center Zone, and the Pilot Conservation Ordinance to propose changes that better suit the mood and character of the Village. Look for recommendations to decrease housing density in the C1 as the first of many recommended changes to come before me and the Board of Trustees.

Community Development: In early 2022, I asked my Administrator, Ann Simon, to form a Business and Economic Development Committee. This diverse community-minded



committee has spent the better part of last year looking at recommendations to enhance community cohesion and also raise up the businesses in the Village. The Committee's work is very important and will help us maintain our small Village feel, with suggested activities along 4th street and better signage in the Village, as well as better storytelling so we don't lose our culture and agricultural heritage. The Committee also recommends a foundation to assist with things that the Village government can't do, like provide grants for mistletoe removal. Let me know your thoughts on this.

Dangers of Carbon Monoxide: Over the holidays a very frightening event occurred sending my family to the emergency room. A pipe leaked carbon monoxide into an upstairs room—invisibly poisoning the air. My 11-year-old granddaughter and son-in-law fell unconscious. With quick thinking and a bit of luck we were all able to exit the house and, for those affected, to get treatment. I tell you this to please remember to install a carbon monoxide detector and check or change the batteries annually.

Matanza: Thank you to all who participated in the Matanza in February. I am happy to bring this tradition back to the Village and look forward more events like this in the future.

My Public Service: As your elected Mayor, I am proud to serve you and make decisions based on the feedback from the community. I am also proud of my Military Service. I retired as a Full Colonel in the United States Air Force, having served over 36 years. This service record means honesty, trust, and loyalty and that is what you get with me as your mayor. If you want to raise an issue, please come talk to me; my door is always open.



Mayor Lopez with Matanza pig, Chicharrón

Mayor Donald T. Lopez, PE, CMO



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Village Vision General Information

The Los Ranchos Village Vision is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of events and activities taking place in and around the Village. The Village Vision is published seven times per year, and distributed free of charge to Village residents and businesses. Non-residents and other interested parties may subscribe to the magazine by visiting the Village Vision web page, or by contacting the Village Vision. Price, including S/H, is \$20.00 per annum.

ADVERTISING

The Village Vision Media Kit contains all the information you need to place an ad in the Village Vision: dimensions, rates, deadlines, and more. It also includes the "advertising purchase request form," which needs to be submitted in order to purchase advertising space.

CONTRIBUTIONS

Articles of general interest about the Village of Los Ranchos de Albuquerque are always welcome. Please contact the Village Vision with your ideas or to submit your article for consideration.

VILLAGE VISION ONLINE

More information, the Village Vision Media Kit, and back issues, can be found at www.losranchosnm.gov/village-vision-magazine

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by phone at (505) 344-6582 or by email at magazine@losranchosnm.gov

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COVER PHOTO: "SHEEP MUNCHING ON HAY" BY SABRINA APODACA. *The Agri-Nature Center sheep typically get fed hay from October through March/April until the fields are green enough to provide enough nourishment.*

PHOTO CREDITS

PAGE 3 AMERICAN FLAG BY DANNE WWW.PEXEL.COM, PHOTO OF MAYOR BY SABRINA APODACA | **PAGE 6** PHOTO BY JOSHUA O'HALLORAN | **PAGE 8** PHOTO BY JENNIFER SCHILLING | **PAGE 10** PHOTOS BY SUE BRAWLEY | **PAGE 16** PHOTOS BY JOSHUA O'HALLORAN | **PAGE 18** PHOTOS BY KAREN MOGEN | **PAGE 22** PHOTOS COURTESY OF EL BRUNO'S | **PAGE 24** PHOTO BY YASMEEN NAJMI | **PAGE 26** PHOTO BY PHILIP J. SHORTELL, POSTER DESIGNS BY CAITLIN HECSH | **PAGE 40** PHOTO BY SABRINA APODACA | **PAGE 42** MARKET PHOTOS COURTESY OF RAYOS DEL SOL MERCADO | **REMAINING PHOTOS** WERE OBTAINED THROUGH DEPOSITPHOTOS.COM OR TAKEN BY VILLAGE STAFF.

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a move?

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Edible Trail, 4th Street, Del Norte Open Space, and More

THE EDIBLE TRAIL The Village received a \$50,000 grant from the New Mexico Economic Development Outdoor Recreation Division for an edible trail at the Larry P. Abraham Agri-Nature Center. The trail will begin at a new pollinator garden, meander through a community garden and plaza with raised beds and edible landscaping, cross a field of ancient grains, and connect with the Griegos Lateral Acequia that bisects the Los Poblanos Open Space. We encourage the public to use the trail. It will be accessible from Rio Grande Blvd., and from the Los Poblanos Open Space, and will be self-guided with interpretive signs along the route. Construction on the trail will begin in the coming months. The edible trail will be the first of its kind in the Village.

AGRI-NATURE CENTER ROAD The Roadway into the Agri-Nature Center project has been put on hold. The construction prices were higher than expected. The Village is going to pivot slightly so as not to lose the capital appropriation for the improvement, and instead focus on the entrance, gate and signage. The Village is continuing to raise funds to improve the facility and is working with the Agriculture Committee to help us prioritize the improvements.



4TH STREET VALUE PLANNING The Village staff and administration held a value planning session on the next phases of the 4th Street Revitalization Project from Pueblo Solano Road to the northern Village limits. The Village has a preliminary design of the second phase of 4th Street (called a 30% design), but skyrocketing construction costs led to a need for reviewing that design. The value planning session is designed to find ways to reduce cost without reducing functionality and public benefit.

Parametrix Engineering conducted the session in conjunction with the New Mexico Department of Transportation (NMDOT). Participants included engineers, designers, and transportation planners from NMDOT, Mid-Region Council of Governments, Bohannon Huston (the project engineer of record), Paragon Engineering (construction inspection/engineer on Phase 1), City of Albuquerque, Bernalillo County, Parametrix and their subcontractor, Horrock Engineering. The Village has funding through 100% design. The results of the value planning session will ensure a design that we can bring to fruition with public input. Once design is complete, we can begin construction. The current construction estimates are \$8,97,000.00 for Pueblo Solano to Ranchitos Road and \$27,700,495.00 for Pueblo Solano Road to the Village limits. The Village has secured \$3,100,000.00 in construction funding.

OTHER LOS RANCHOS ROADS/DRAINAGE Our annual Coop road projects this year included crack sealing several roads and a full resurfacing of both sides of Tyler Road. Prior to the resurfacing, the Village is addressing drainage issues by installing infiltrators on that road. Look for Tyler Road construction to begin this Spring. If you live on a road that needs repair, please don't hesitate to let us know so we can get it on the list.

DEL NORTE OPEN SPACE The Village is working to clean up the Del Norte Open Space. We have removed all the concrete and debris on the site and have trimmed the trees. The contract farmer has ripped, disked and laser-leveled the fields on the East side of the main and is getting ready for the new irrigation. We have a design for the new irrigation and will put it out to bid. Once installed, the irrigation will be more efficient and will facilitate a new walking trail. If you haven't been over to this gem of a property, we encourage you to do so.

The Edible Trail will start at our new Pollinator Garden

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MAYOR DONALD LOPEZ OFFICE HOURS

Mayor Donald Lopez holds office hours every Thursday from 9AM to Noon at his office at Los Ranchos Village Hall (6718 Rio Grande Blvd. NW).

Please make an appointment by calling (505) 344-6582.

Winter Growers' Markets

By Sue Brawley



Winter Growers' Markets
 (Dec - Apr)
 2nd Saturday of the Month
 10AM - Noon
 Next Market Dates:
 March 11 and April 8



MARCH AND APRIL | In March, we celebrate St. Patrick's Day: try making vegetable shepherd's pie with the tasty winter veggies, or with local beef. In April, growers will begin selling plant starts for your garden. Eggs and greens are plentiful in March and April. Make some Green eggs and Ham Scramble to honor Dr. Seuss' birthday (recipe on page 42)! Growers will have greens such as arugula, chard, spinach, Napa cabbage, bok choy, kale, and lettuce that they are growing in cold frames or green houses for the winter. You may also find various types of root vegetables, dried fruit, honey, eggs, jams/jellies, pies, beef, indoor plants, seedlings, and herbs.

Vendor Profile:

Ira Jay Flushman, Dancing Dog Trading

Ira Flushman has been selling at the Los Ranchos Growers' Market for over 3 years in both the regular season as well as at the winter markets. During the regular season, he also sells at Cedar Crest Farmer's market (Wednesday), Cerrillos Farmer's market (Thursday), and at Eldorado Farmer's market (Friday). Ira sells a variety of products, including local honey (wildflower, purple sage, green chile) packaged in various sized containers, (5-gallon buckets down through half pints), bee cappings, local bee pollen, creamed honey, comb honey, organic, raw apple cider vinegar, lip balm, beeswax candles, osha roots and osha cough syrup, enserada salve, propolis tinctures, duck, turkey, and chicken eggs.



WANT TO BE A VENDOR? YOU DON'T HAVE TO BE A PROFESSIONAL!

As you are planning your backyard garden, you and/or your children may want to plant a little extra to give away, or to sell. Whether you have a basket of peaches or several heads of lettuce, the Growers' Market encourages "backyard growers" and students to sell at the market. If you would like to sell at the market on an occasional basis or regular basis, call Colene Montoya at 505-610-9591 or send an email to montoya4664@hotmail.com.

Visit us on Facebook at Los Ranchos Growers' Market for local product information and pictures.





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GETTING FIT



WITH LISA KNIGHTON

The Importance of Hip Vitality — Beware of Dead Butt Syndrome

Do you spend your day sitting or being sedentary? Maybe you have difficulty kneeling, or getting down to the floor? Once on the floor, do you have trouble getting back up? Do you have to rely on someone to assist you? Or, have you had to crawl to the nearest piece of furniture and haul yourself up with your arms?

You may be a victim of Dead Butt Syndrome, or DBS. No joke. It's real and it has detrimental consequences.

Strong hips are foundational to a functional body. Hips move you about the world. Hips get you out of the chair or out of the car. When out for a walk, hips and legs do much of the work. For ease of daily living, hip strength and hip mobility are imperative. And, sadly, without hip strength, you'll most often have some discomfort in your body.

If you're concerned about your ability to sit, stand, and move to the floor (yes, everyone should be able to get on and off the floor), a trainer can more specifically determine hip or lumbo-pelvic strength and mobility by watching how your back, hips, and knees move during a squat. Other measures of hip strength and vitality include single-leg balance tests, a tandem walk assessment, and timed stand and sit tests.

It's relatively easy to get a baseline measure of hip function with a Squat Assessment. One of the most beneficial tests offered, it gives feedback about how well you move within the three platforms of the body. To do this test,

you move through a series of squats and notes are made about how you move.

What happens after the tests? Most often the hips are strengthened via a basic series of mat-based exercises that improve strength in the gluteus medius and gluteus maximus—often the two most under-active muscles that contribute to DBS.

Hip exercises include clamshells, prone hip extension moves, hip bridges, and side-leg raises. Once strength is gained on the mat, your trainer gives you a series of more progressive exercises to do while standing and moving. Called reactive activation exercises, they train your muscles for function in all three planes of motion.

In addition, working with a Structural Integration Practitioner to seek manual therapy for help with fascial re-draping and postural exercises improves everyday awareness. And don't forget taping! Applying athletic or fabric tape in specific configurations helps to enhance carry-over between workouts.

Getting stronger also depends on your level of effort and attention to

adherence. Most everyone feels stronger and moves about with more ease within a few months of beginning to exercise.

Does aging have anything to do with DBS? As a skilled personal trainer, I have found one thing to be true: if there is no dedication to staying fit (no matter your age), then yes, vitality and strength decrease. But it is also my experience that, regardless of age, if you desire to become stronger, you can and you will. Truly, it's never too late to begin, and, regardless of age, muscles and joints respond positively to exercise.

Don't wait! Get an assessment of your hip vitality. There is no reason to suffer from Dead Butt Syndrome...it is indeed curable. And, once you start feeling the difference in how you move and how you feel, stay active to stay vital, strong, and healthy.

.....

Lisa, CEO of AtHomeBeFIT, is an ACE Personal Trainer and Structural Integration Therapist in-training. She seeks to improve how the world ages through movement programs, Structural Integration, weight training, and corrective exercise. She can be reached at (706) 340-7989, or by visiting her website athomebefit.com

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Suraj Reddy, M.D. FAAD



Dr. Reddy was born and raised in New Mexico and attended the Albuquerque Academy. He attended Emory University and the University of New Mexico School of Medicine before completing his Dermatology residency at the University of Texas Health Science Center. He has been recognized as one of the best Dermatologists in the region and was voted "Top Dermatologist" by Albuquerque the Magazine. Dr. Reddy specializes in surgical and cosmetic Dermatology and is board certified.

Shilpa Reddy, M.D. FAAD



Dr. Shilpa Reddy completed her undergraduate education at Washington University in St. Louis followed by medical school at the University of New Mexico where she graduated first in her class. She then completed a dermatology residency training at UNM. She is a board certified dermatologist and a fellow of the American Academy of Dermatology as well as a member of the New Mexico Dermatological Society and past president. She practices general, surgical and cosmetic dermatology and is pleased to offer her services.

Sabrina Johnson, PAC



Sabrina is a native New Mexican. She attended Texas Tech University and The University of New Mexico School of Nursing. She attended the Physician Assistant program at UNM where she finished at the top of her class. She was voted best health care provider in Valencia County and serves as a clinical instructor in the UNM Physician Assistant Program. She enjoys sharing her expertise in all aspects of general and cosmetic Dermatology.

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Los Ranchos Elementary Community School

COMMUNITY COLLABORATION TO BENEFIT KIDS

By Joshua O'Halloran

WHAT IS A COMMUNITY SCHOOL?

Community Schools are public schools that provide services and support that fit individual communities' needs. They are run by people who work closely with other community organizations, allowing the school to become more like a community center that can provide resources to the community beyond the classroom.

LOS RANCHOS ELEMENTARY

Last year, Los Ranchos Elementary school voted to become a Community School to better serve the community in the Los Ranchos area. It now has a community school coordinator whose job is to make connections with other local organizations to meet the needs of the community. This year, Los Ranchos Elementary has begun working with the NMSU ICAN program to provide cooking and nutrition classes for students and parents. They have also partnered with churches and food banks to provide coats, food, and basic assistance to families at the school. Additionally, they are working with the Girl Scouts of America to form a local troop. Finally, they have partnered with the Agri-Nature Center to develop agricultural programming for their students!

GENIUS HOURS FOR STUDENTS

Los Ranchos Elementary has extended their school day to include a "Genius Hour," from three to four in the afternoon. Students choose a topic they would like to learn more about to be the focus of this hour. The topics students may choose from include sports, dance, music, robotics, cooking, and many others. The selected topic will be the focus of Genius Hour for a period of six weeks, after which students can choose to continue with that topic or choose a new one. This



has been a great success and the students have enjoyed having a hand in picking the topics and then having classes that they can choose.

AGRI-NATURE CENTER PARTNERSHIP

This year, the Agri-Nature Center is partnering with Los Ranchos Elementary to teach one of the Genius Hours to 4th and 5th graders at the school. Through this class, the students have the opportunity to learn about soil erosion, rainwater infiltration, livestock, seed planting, cover crops, and worm composting! We have planted clear tubes with cover crop plants so that students can watch the roots grow and track their progress. They built a worm bin and are collecting food scraps to feed the worms and make compost in the greenhouse that they are working to clean out to make use of again.

We have also taken chickens to the classroom to talk about livestock care and the benefits of livestock. We are looking forward to working more with Los Ranchos Elementary and are working on providing field trip opportunities for local kids to visit the Agri-Nature Center and see what is going on here.



PHOTOS | Top of Page: Worm composting | To the Left: Dominic Tomba introduces kids to a real live chicken! | Above: Cover crop planting in clear tubes with Joshua O'Halloran



March/April

- ▶ **Finish cleaning your beds**, watching carefully for volunteer seedlings of perennials and hardy annuals in your garden. They are easy to transplant in early spring.
- ▶ **Remove heavy mulches** from planting beds.
- ▶ **Prepare the soil** for annuals and vegetables. Remove and discard all weeds and debris. Spread compost and manure and loosen the soil with a fork.
- ▶ **Add compost, balanced fertilizer**, and/or super phosphate to flower beds. The organic approach includes a blend of blood, fish, and bone meal. Be sure to mix this into the soil to help feed plant roots.
- ▶ **Divide clump-forming perennials** such as daylilies and chrysanthemums.



- ▶ **Fertilize trees** or amend the soil with compost and other organic matter as leaves appear.
- ▶ **Cool season grasses** like bluegrass: aerate and dethatch if needed; fertilize with a high nitrogen formula and increase watering.

- ▶ **Increase watering** to 3 to 4 times a month if temperatures are consistently over 50 degrees.
- ▶ If you have **drip irrigation**, examine the lines and emitters to be sure everything is working. Buy what you need to keep on hand for new plants and repairs.
- ▶ **Prune** fruit trees and summer-flowering shrubs (make sure not to prune spring-flowering shrubs until they finish blooming!), roses, and grape vines.
- ▶ **Plant** balled and burlapped shrubs and trees.
- ▶ **Plant hardy herbs**: sage, thyme, rosemary, dill, tarragon, parsley.



- ▶ **Buy your perennials now** and get them in the ground before it gets hot. Plant cinquefoil (*Potentilla* species), Penstemon, and perennial blue flax, (*Linum lewisii*), and French Lavender (*L. intermedia*). Wait until Cinco de Mayo for anything tender.
- ▶ **As early flowers fade**, cut or pinch them to encourage the plant to continue flowering. This is called

- “deadheading” and should continue all summer. If you don’t deadhead, the plant puts its energy into seed production instead of blooms. There are some plants that continue to bloom without being deadheaded.
- ▶ **In the vegetable garden**, dig in several inches of “cool compost” or well-rotted manure and set out or seed plants from the cabbage family, salad greens and greens for cooking, cool season growers like carrots, beets, turnips, onions, kohlrabi, parsnips, and peas.
- ▶ **It's a little early to plant tomatoes**, peppers, eggplants, and chiles. If you do, they will need frost protection. Starting them indoors early may be worth the trouble to get an earlier harvest.



Oh, and try to keep up with those enthusiastic spring weeds!

This information is brought to you by the Albuquerque Master Gardeners. For more information, help with gardening issues, or to find out how to become a Master gardener yourself, visit abqmastergardeners.org/.

WHOLE LOTTA GARDENING GOING ON!

Need some inspiration? Come on down to the Agri-Nature Center! Walk around the vegetable garden beds and see next year's crop poking their little seedling heads out of the soil. If you're lucky, one of the Master Gardeners will be around. These folks are the gurus of the garden. Come visit our baby chicks and check out the new greenhouse. The bees will be busy buzzing around the flower gardens, and our sheep will be munching away in the field.

▶ 4920 Rio Grande Blvd. NW. ▶ Open weekdays from 8AM to 5PM.

There is always something going on at the Agri-Nature Center. Our workshops, taught by local professionals in their field, are a wonderful resource. See a list of scheduled workshops in March, April and May on page 37.

Check out losranchosnm.gov/agri-workshops/ for the complete workshop schedule.



Winter Art Markets

2nd & 4th Saturday of the month, 10-noon
6718 Rio Grande Blvd. NW

Los Ranchos Art Market: Open for Business

EVEN DURING THE WINTER MONTHS,
THE SHOW GOES ON

By Gordene MacKenzie

The Los Ranchos Winter Art Market is *the place to be*. Unlike most art markets that close during the winter, our Art Market is just shy of having a full-blown tailgate party every 2nd and 4th Saturday from 10AM to noon. Join the party! Get those steps in as you view beautiful and unique juried art guaranteed to open your senses in a gorgeous environment populated by wintering Sandhill cranes, balloons, cottonwood trees, and geese. One of the best things about our Los Ranchos Art Market is that it is all volunteer- and artist-run.

Parking is easy. There is an adjacent park where the kids can safely play. You can find food, music, and a warming station. Grab a slice or a whole breakfast- or lunch-pizza and a warm cup of coffee from the fabulous *Zia Bros Pizza* who make some of the best pizza around.

You can find tie-dyed socks, scarves, and clothing, handmade cards, paintings, fabric art, jewelry, windchimes, leatherwork, soaps & lotions, pottery, woodwork, yard art, and more.



FEATURED ARTIST: KAREN MOGAN

A unique and rare painter, one of my favorite artists, Karen Mogen winters at the Los Ranchos Art Market. Karen is a juried watercolorist and acrylic painter. Her paintings reflect her deep love of nature and the wild. She paints crows, roadrunners, all kinds of birds, donkeys, and more. Karen's unique paintings range in size from small to quite large. Instead of a canvas, she paints on upcycled vintage metal pieces she finds across the US. She loves using old metal ceiling and roofing tiles, vintage siding, and other pieces that have an interesting patina and history. Each piece is sealed and labeled with its origins. My partner and I have two of her roadrunner paintings that we love. Recently, many of us have been eyeing her beautiful large "Tres Amigos" painting of three fabulous donkeys. Hope to see you there, stop by and say hi!



WANTED



**Historic Photos
of the
Village of Los Ranchos**

The Village of Los Ranchos wants to create a display of historic photos at Village Hall to celebrate our local history and culture. If you have any photos to contribute, please email them to asimon@losranchos-nm.gov or call the front desk (505) 344-6582 to set up a meeting.



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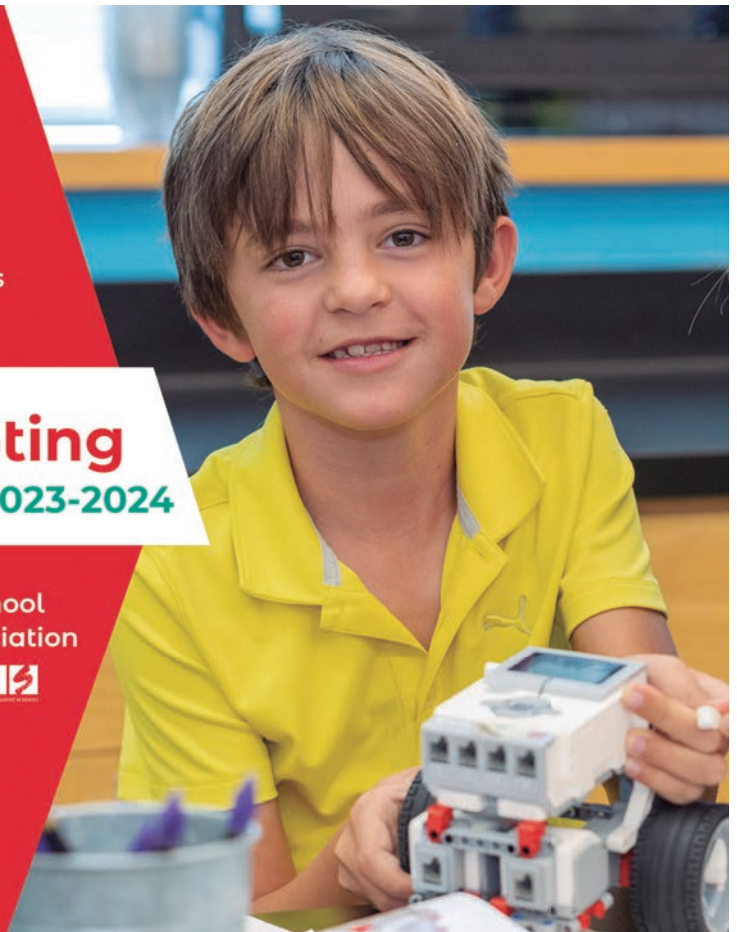
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THE BUSINESS HIGHLIGHT PAGE GIVES LOCALLY-OWNED BUSINESSES IN THE VILLAGE OF LOS RANCHOS DE ALBUQUERQUE A PLACE TO TELL THE WORLD WHO THEY ARE AND WHAT THEY OFFER.



El Bruno's Restauranté y Cantina



Find Us

- ▶ 8806 4th Street Northwest
- ▶ (505)-897-0444
- ▶ elbrunonm.com/



The story of El Bruno's Restauranté y Cantina begins in 1974 in Cuba NM with Bruno and Hazel Herrera. They were born and raised in Cuba, and high school sweethearts.

Hazel had learned to cook standing on a stool watching her grandmother, and those were the dishes they served. The restaurant was a hit with locals and visitors alike. That is, until, in 2006, disaster struck, and the historic building the restaurant was housed in burned to the ground. Not to be defeated, Hazel and Bruno continued their restaurant in a location directly across from the original restaurant, which is where it still is today.

About 14 years ago, the time seemed right to open a second restaurant. The stars aligned, and El Bruno's found itself in a wonderful historic building on 4th Street. It was the right opportunity at the right time in an area of Albuquerque they had always loved. Not surprisingly,



El Bruno's booth at the Fiery Foods Festival in Albuquerque. Matriarch Hazel Herrera pictured on right.

the first customers at the new restaurant were people who knew the El Bruno's from its original location.

El Bruno's currently employs 30 people at its Los Ranchos location, and 20 in Cuba. Many of them are people who have been with the company since day one. In this family business, employees are part of the family.

What sets El Bruno's apart from other New Mexican restaurants are the recipes that have been passed down from generation to generation. Homemade rellenos, tamales, carnitas, enchiladas, pollo con piñon, carne adovada, taquitos—everything is made fresh in-house. El Bruno's even roasts and peels its own green chile, keeping a close eye on quality. Their chile is grown in Hatch, and then processed in Albuquerque. People come down from Cuba and surrounding areas to help peel the 500 to 1000 sacks of green chile per El Bruno's uses per year.

El Bruno's on 4th Street is famous for its Tequilla bar and margarita flights—serving up concoctions like

EL BRUNO'S OTHER CLAIM TO FAME...

When NM44 was widened and renamed US550, Hazel Herrera suggested that, for the opening ceremony, the governor cut a burrito instead of a ribbon! And, what do you know? They made it happen and ended up in the in the book of Guinness World Records for the world's longest burrito!

coconut, chile, lavender, strawberry margaritas. They won "Best Margarita" in Albuquerque the Magazine's Best of the City contest. El Bruno's has recently also started brewing its own beer, in collaboration with a brewery in Boulder, Colorado.



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La Nina, Reservoirs, & Irrigation

AN UPDATE ON OUR WATER SUPPLY

By the MRGCD Water Management Group

The weather in the Middle Rio Grande region seems to be more unpredictable than ever. Monsoon rains haven't been as reliable as in the past, and neither is our snowfall. What is going on? Time for an update of the state of our water supply.

The National Weather Service predicts that La Nina conditions will persist into early 2023. This weather pattern typically brings warmer and drier than average conditions to the southwest. Snowstorms in the mountains of the Rio Grande Basin did bring much-needed snow accumulation at the end of January.

A January 25th snapshot shows that snowpack conditions throughout the Basin ranged from 109 to 120 percent of median conditions, so that is good news.

Soil moisture conditions are also looking better than last winter's thanks to significant rainfall during the 2022 monsoon season. This should result in a higher spring runoff than we have seen during the past couple of years. However, to actually benefit irrigators, more snow accumulation is needed.

While January snowpack and soil moisture conditions have improved, the biggest water supply challenge we face this year is the inability of the MRGCD to store Native Rio Grande water for later use. Native water is water that actually originates in the Rio Grande Basin. This water is subject to the Rio Grande Compact, a water sharing agreement between Colorado, New Mexico, and Texas to equitably allocate the waters of the Rio Grande Basin. This Compact currently restricts the storage of Native water due to low water levels at Elephant Butte reservoir and a water debt carried by the State of New Mexico.

To complicate matters, the Bureau of Reclamation's Safety of Dams Project has El Vado dam under construction until at least 2025. During this time water cannot be stored in the reservoir even if Compact restrictions are lifted.



For the 2023 irrigation season, the only storage water available to the MRGCD will be its San Juan-Chama Project (SJC) water. This is water diverted from the San Juan River in Colorado to the Rio Grande watershed in New Mexico via a series of tunnels and channels. SJC water is not subject to the Rio Grande Compact.

The volume of water provided by the SJC project is helpful, but not enough to provide a reliable supply for irrigation deliveries throughout the growing season. Without the ability to store Native water in El Vado reservoir, the MRGCD cannot capture excess flow from spring runoff to be released when natural river flow is insufficient to meet irrigation demand.

Without sufficient upstream storage, the MRGCD will rely on rain runoff to continue making irrigation deliveries after spring runoff ends. If monsoon rains do not produce significant runoff, irrigators should unfortunately expect limitations to irrigation deliveries in the summer and fall.

MRGCD's Albuquerque Division will start charging its irrigation facilities on March 20th, with irrigation deliveries beginning on or about April 1st. The exact date of first irrigation deliveries will depend on the available water supply, and, like last year, water will be delivered on a rotational basis.

One of the Conservancy District's top priorities is delivering water to all users and to manage available water in such a way that allows for productive agriculture even during drought



conditions. However, irrigators are urged to use caution when making farming plans this year, and to carefully consider water supply conditions.

Visit MRGCD.com for updated information.

The Middle Rio Grande Conservancy District (MRGCD) offers irrigation, river flood control, and responsible water conservation services to irrigators and farmers in the middle agricultural region of New Mexico. It also offers recreational opportunities by keeping the valley green.

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Spring is in the Air!

A GOOD TIME TO GET YOUR THEATER FIX

By Marcelle Cady

INHERIT THE WIND | Playwrights Jerome Lawrence and Robert E. Lee created enduring works of the American Theatre including The Adobe Theater's next production, *Inherit The Wind*, which was published in 1955.

One of Albuquerque's most formidable directors, James Cady, has selected this play for a number of reasons—not the least of which is the opportunity to work with great actors—not only in the roles of Henry Drummond (performed by Philip J. Shortell) and Matthew Brady (performed by Paul Ford), but with every actor in the cast. It really is an actor's play.

Inherit The Wind is a fictionalized account of the 1925 Scopes "Monkey" Trial, which resulted in John T. Scopes' conviction for teaching Charles Darwin's theory of evolution to a high school science class, contrary to a Tennessee law. The characters of Drummond and Brady are based on Clarence Darrow and William Jennings Bryan. The play is recognized as one of the best courtroom dramas in American theater.

Do not miss this production! *Inherit the Wind* runs from March 3rd through March 26th, with a Pay What You Will Performance on Thursday, March 23rd.



Philip J. Shortell and Paul Ford as Drummond and Brady

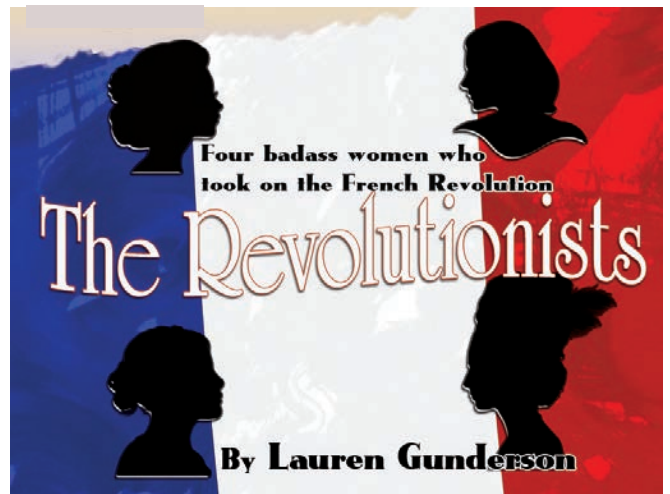
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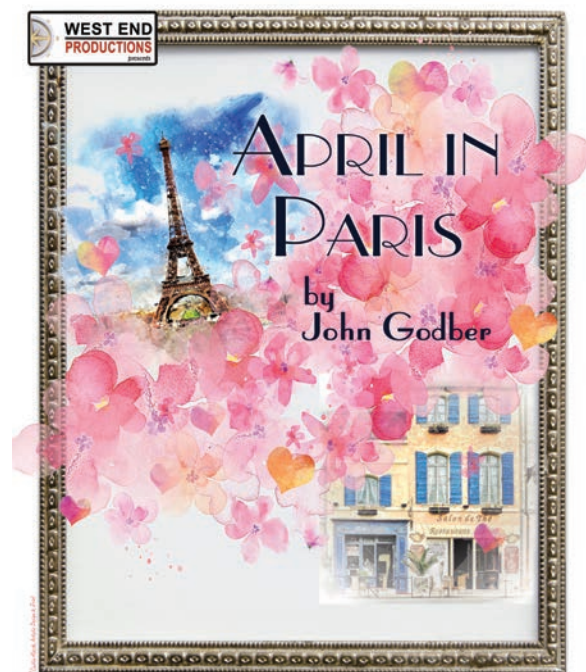
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THE REVOLUTIONISTS | Georgia Athearn directs this play by Lauren Gunderson at the Adobe. Four beautiful, badass women lose their heads in this irreverent, girl-powered comedy set during the French Revolution's Reign of Terror. Four very real women who lived boldly in France during the French Revolution's Reign of Terror in 1793 are portrayed by Jennifer Benoit (as Playwright Olympe De Gouge), Lauren Jehle (as assassin Charlotte Corday), Stacy Hasselbacher (as Marie Antoinette), and Nicee Wagner (as Haitian rebel Marianne Angelle). *The Revolutionists* runs from April 14th through May 7th.

APRIL IN PARIS | South on Fourth Street, West End Productions will present *April In Paris* at North Fourth Art Center. Colleen Neary McClure directs Jessica Osbourne and Dan Ware in British playwright John Godber's two-hander, which he wrote in 1992. Characters Bet and Al lead a quiet, humdrum life in their small Yorkshire home until Bet wins a 'Romantic Breaks' magazine competition. The prize is a holiday in Paris. Go and enjoy this funny, touching comedy about their first experience abroad, which has profound effects on the way they look at the world around them once they return home. The play opens on April 20th, and runs through May 7th.



The Adobe Theater regularly puts on plays written by playwright Neil Simon. Time to answer the question:

Who is Neil Simon?

Marvin Neil Simon (1927-2018) was born in the Bronx, and grew up in the Washington Heights neighborhood of Manhattan. His parents had a tumultuous marriage, and, as a result, Simon took refuge in the movies as a child, finding particular solace and delight in comedies.



Many of Neil Simon's plays include themes like marital conflict, infidelity, sibling rivalry, adolescence, loss, and fear of aging. Despite the seriousness of these topics, Simon always manages to tell the stories with humor. His characters are typically imperfect, unheroic figures who are at heart decent human beings. Simon said: "I see humor in even the grimmest of situations. And I think it's possible to write a play so moving it can tear you apart and still have humor in it."

He is credited as playwright and contributing writer on at least forty-nine Broadway plays and over thirty movie screenplays. His three autobiographical plays—Brighton Beach Memoirs, Biloxi Blues, and Broadway Bound—are well-known, as is his classic, The Odd Couple. He has received more Academy Award and Tony Award nominations than any other writer, winning four Tonys and a Golden Globe. In 1966, he had four successful productions running on Broadway at the same time. In 2006, he received the Mark Twain Prize for American Humor.

FROM THE FIRE CHIEF



Fire Chief Greg Perez

Throughout the year, Bernalillo County Fire and Rescue responds to calls for service for incidents involving Carbon Monoxide in residential homes. Carbon Monoxide (CO) is an odorless gas that is produced by burning materials. Often the sources are from faulty furnaces, heaters, fireplaces, stoves, and even gas-powered clothes dryers. Symptoms are very similar to the flu and include headache, irritability, dizziness, confusion, fatigue, weakness, nausea, vomiting, chest pain, rapid heartbeat, and shortness of breath. With long exposure over time or a high-level exposure or a short amount of time can cause death.

The New Mexico Department of Health reported that in 2019, more than 24 New Mexicans died from CO poisoning. Bernalillo County Fire and Rescue responded to 53 emergency calls related to residential carbon monoxide alarms/exposure in 2022.

Since the 1970's, fire departments have worked hard to get smoke alarms in every home, and continue to do so, but there has been a much smaller drive to educate the public on the need to install CO alarms. Bernalillo County Fire and Rescue strongly encourages all our residents to install a CO Alarm in the Hallways outside sleeping areas on each level of their home. They are inexpensive and can be found at your local hardware store or department stores next to the smoke alarms. Please follow manufacture recommendations when installing your CO alarms. For more information, you can contact the Bernalillo County Fire Prevention Bureau at (505) 468-1340.

Article in coordination with Mark McConnel, Bernalillo County Fire Marshal



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Spring Pruning of Fruit Trees

By Bill Shen, *Plants of the Southwest*

Spring time is the best time for pruning. This is because plants are not actively growing so can handle the shock of pruning better than during the growing season. It is also easier to see the overall structure of a leafless plant in order to decide what to remove. Do not wait until bud-break to prune, because the fragile buds can be easily damaged during the pruning operation.

Fruit trees require maintenance in the form of pruning in order to allow them to produce high-quality fruit that is easy to harvest. That is why fruit trees are (often aggressively) pruned to reduce their height—it is difficult to harvest fruit from trees taller than ten feet—and to thin out branches to encourage circulation and allow sunlight to penetrate the interior of the tree. Pruning stimulates tree-growth. The bud immediately below where a pruning-cut is made, will start to grow. When pruning, use this trait to direct the growth of new branches and shape your tree.

HOW MUCH? WHEN?

The general rule of thumb for fruit tree pruning is: do not remove more than one third of the tree in a year. This rule may be difficult to follow when a tree hasn't been pruned in a long time, or when a tree lost its fruit due to a late frost the previous year and grew vigorously without the burden of growing fruit. Even in those cases, removing more than 50 percent of a tree is not advisable.

You can leave pruning cuts untreated to heal naturally. The sap oozing out of the cut is tree's natural defense to the injury. This is yet another reason to prune at the beginning of the



Additional information on fruit tree pruning: *Pruning the Home Orchard* by NMSU (Publication H327) available for free online at: pubs.nmsu.edu/_h/H327/

growing season: the open wounds are protected with sap and the tree will heal quickly as it starts to grow.

TOOLS

The primary tools for pruning are a sharp bypass pruner and a hand saw for larger branches. Bypass pruner is preferred over anvil pruner because bypass pruner makes clean cut whereas anvil pruner is likely to crush the branch. To prevent the spread of fire blight, a destructive bacterial disease, tools should be sprayed with isopropyl alcohol between each tree.

THE PRUNING PROCESS

There is a process to tree pruning; it is not merely lopping off branches haphazardly. As we approach a fruit tree, we should keep a top-down approach starting from the largest branches down to the smallest twigs.

1. Walk around a tree and remove broken, fractured, and dead branches. Broken branches are quite common for productive fruit trees due to heavy fruit load; They should be removed as soon as possible.

Next, decide which large branch needs to be removed to establish a balanced form. The ideal form is open like a bow, not tall and narrow like a champagne glass. Go around the tree several times and incrementally remove several branches each turn. This is a good time to save a few well-formed branches and take them indoors. They will flower readily in warm indoor air.

2. Look for branches that cross over and rub on other branches. One of the branches needs to be removed to prevent rubbing and injury to the tree. Next, thin out the tree to open it up to sunlight and circulation. Remember not to remove more than one third, so no more than one branch out of three.

3. The last step is rather tedious because it requires numerous cuts: for all the small twigs that grew so vigorously last year, cut back half of last year's growth. This is to keep fruit-bearing twigs shorter and closer to large branches so they won't break as easily as the fruits mature.

Pruning Grapes

March/April is also the time to prune grapevines. Growing grapes is very popular here in the Village. In fact, several new vineyards were started just last year.

Grape-pruning is very different than pruning fruit trees. For one, about 80-90 percent of the vines is removed every spring! So, be sure to join me and Trustee Gilbert Benavides for a grape pruning demonstration!

WHEN: Thursday, March 16

WHERE: Agri-Nature Center

MORE INFO: Agriculture Program Manager Joshua O'Halloran at johalloran@losranchosnm.gov, or by phone at (505) 344-6582 ext. 118





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Time for Spring Cleaning

TIPS FOR TIDYING UP YOUR HOME

By Lorraine Tourville



It's that time of year again! With spring right around the corner, it is a good time to start planning to purge your home of clutter and useless, tired items. I'm always surprised to see just how much more frivolous stuff has made a home in my house over the last four seasons...

Here are some decluttering tips to help you get rid of things that don't give you joy and reorganize your own home into a clutter-free haven.

THINK ABOUT YOUR OVERALL GOAL

It's a good idea to start with an end-goal in mind to help ensure that you are not getting rid of too much or too little. For most folks, just starting the project is half the battle. So I take the Marie Kondō approach... I look at, smell and feel an item for a minute and if it doesn't give me Joy - I get rid of it!

BREAK UP THE WORK

Attack the elephant one bite at a time. Start with a list. Identify the rooms most in need of some purging and then prioritize. For example, you may want to start with your closet, then move on to the casita, or garage.

SEPARATE ITEMS FOR SALE, DONATIONS AND TRASH

Make sure you have a good work space where you can separate items you want to get rid of or reorganize. Try to group items together: books in stacks, electronics in boxes and clothes in big trash bags etc. This will help you stay organized as you move through this project.

DON'T WORRY ABOUT THE PRICE

So often we have trouble getting rid of something because of what we paid for it initially. Take a different approach. If you

can honestly say that keeping the item will make you happy, then keep it. If not, let go of it!

Such items can be given away to a friend as a gift, or donated to one of the many local charity thrift shops (for a tax-deduction). You could even consider having an estate sale, or take a picture of the item and posting it for sale on an app like Craigslist, or even on Facebook or NextDoor

GET RID OF DUPLICATES

A little organization often identifies more than one, possibly even more than two of the same item. How many potato peelers do you really need? How many coffee cups are necessary? Keep just your favorites.

PAY SPECIAL ATTENTION TO SURFACES

There always seems to be a surface or two that, more than others, tends to accumulate everyday items, like mail and keys. It's convenient, yes, but pretty messy. Find a small, decorative tray or box to set on that counter and toss in those items. It looks great and will help you to stay organized.

MAKE YOUR STORAGE SPACES BEAUTIFUL

Sometimes an extra shelf, or hanging rod, or hooks are all that is needed to store and keep books, or jackets, or purses organized. There are lots of beautiful, decorative options available in all price ranges.

ASK FOR HELP

Having another set of hands around or someone to help you decide what to toss or keep is super helpful and can make the project less daunting and a lot more enjoyable.

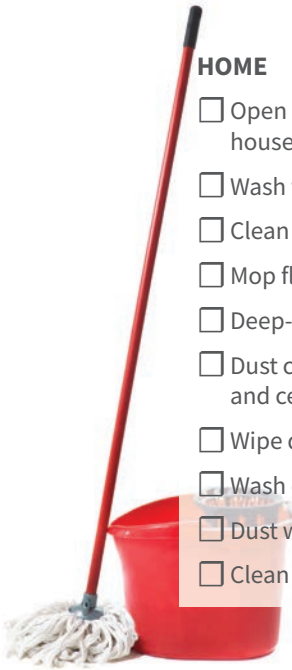
It's inevitable; clutter will creep up on you no matter how vigilant you are. Setting a goal to declutter once a year will lessen the load and frustration.

Further Reading

- ▶ *The Life Saving Magic of Tidying Up: The Japanese Art of Decluttering and Organizing* by Marie Kondō
- ▶ *The Home Edit Life: The No-Guilt Guide to Owning What You Want and Organizing Everything* by Clea Shearer and Joanna Teplin
- ▶ *The Complete Book of Home Organization* by Toni Hammersley

..... SPRING CLEANING TIPS: LET THE SUN SHINE IN!

Spring is here. Time to pay attention to all those cleaning tasks we just don't get to on a regular basis throughout the year. May this list inspire you to let the sun shine in!



HOME

- Open all windows to air out the house
- Wash windows, inside and out
- Clean baseboards (dust or wash)
- Mop floors
- Deep-clean carpeting and rugs
- Dust ceiling fans, crown molding and ceiling-mounted lights
- Wipe down doors
- Wash curtains
- Dust window blinds
- Clean air vents inside and out

BEDROOM

- Flip mattress
- Organize closet and dresser

KITCHEN

- Clean oven
- Check fridge for expired items
- Check pantry for items that need to be discarded
- Clean kitchen cabinets and drawers inside and out
- Empty Toaster Crumb drawer
- Dust on top of high surfaces

BATHROOM

- Scrub tile grout
- Discard expired make-up, hair-products, and medicine
- Wash shower curtain
- Wash bath mats

LIVING ROOM

- Clean out sofa and cushions (wash cushion covers, if possible)
- Sanitize remote controls
- Wash throw-pillows and blankets



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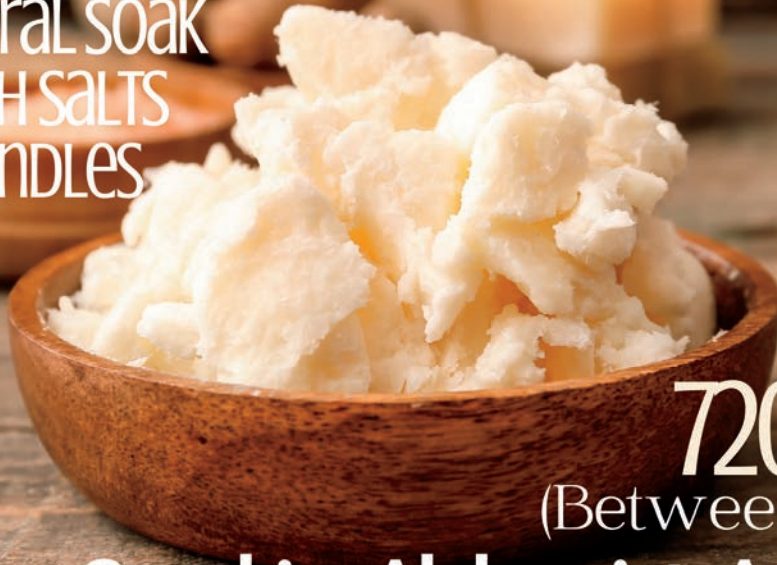
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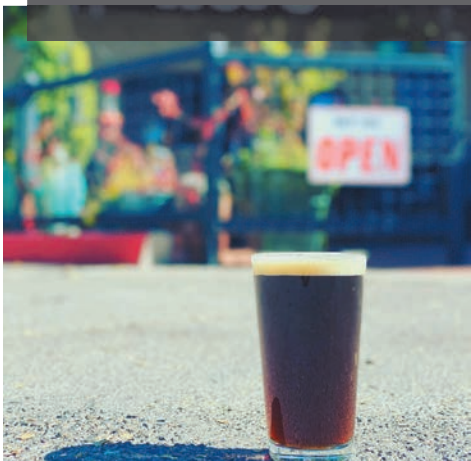
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WITH LARK ERICSON
LIFE COACH, RN, LF

How To Stop Self-Sabotaging To Achieve Your Goals

So, you started off this year with the best intentions to reach a goal, but after a couple of months your motivation and determination might be dwindling. Then you start thinking: "Well, I've already screwed this up, so I might as well just give up altogether." But that might not even be enough shame for you, so then you might also call yourself a loser or a failure. Welcome to the shame spiral where all your dreams and self-esteem come to die!

But your experience doesn't have to be this way. Here are three of the most common forms of self-sabotage and how to break the cycle.

1. Everything must be perfect first. Perfectionism is protection. As long as you are striving for something to be perfect you can show yourself and others how hard you are working and how committed you are to the outcome. This keeps you from finishing projects and goals which keeps you safe from ever being judged. Meanwhile, those who are doing mediocre work and only part of their goals are passing you by.

The Remedy

Break your goal down into smaller chunks, write them out. Choose only one small chunk to focus your perfection on. Then choose one chunk that you could do right now without even thinking about it. For all the other pieces, visualize how much closer you could be to your goal if you just gave them just 75 percent of your usual perfection, and go for it!

The Mantra

"My good enough is great."

2. I'm going to fail anyway or I'm already screwing up, so I might as well give up.

This is my favorite one to work with because you assume you're going to fail, you give up, and consequently you fail. It's a self-fulfilling prophecy.

The Remedy

Forgive yourself for any setbacks, distractions, or mistakes. Recognize that you want to achieve this goal for a reason and no amount of setbacks can change that. You are worthy of your goal, so just keep going.

The Mantra

"I will only fail if I quit"

3. I'm doing great, so I'll treat myself.

What a slippery slope. You're seeing progress in achieving your goal, so you treat yourself. But after you do this a few times you realize you're not actively working towards your goal any longer and now you're actually setting yourself up for failure.

The Remedy

Schedule a daily or weekly "treat,"

depending on your goal, and commit to only stepping out of alignment with your goal at these times that you've allowed yourself. Or, enlist a friend to check in on you and keep you accountable.

The Mantra

"Achieving my goal is my reward"

After a while of practicing these techniques, they will become second nature to you. One of the most important aspects of achieving a goal is actually being gentle, loving, and forgiving of yourself.

Remember that there is only one of you and you are doing a very good job. Even the tiniest amount of progress is still progress. Keep your head up and keep going, I believe in you!

.....
Lark Ericson works with people who have low self-esteem and struggle to love their lives. She helps develop self-esteem, energy, and resiliency. You can find her at larkericsoncoaching.com, and reach her at larkericsoncoaching@gmail.com.

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Agri-Nature Center Workshops March, April, May 2023

Saturday March 11th at 9:30PM
Fruit Tree Pruning Workshop
with Dr. Marisa Thompson

Thursday March 16th at 5:30PM
Grape Pruning Workshop

Thursday March 30th at 5:30PM
Making Mead (21+ only)

Thursday April 13th at 5:30PM
Flower Growing Workshop
with Maxfield Bervig

Saturday April 22nd (Earth Day)
at 9:30AM

Planting your Spring Garden
with John Garlisch

Thursday May 4th at 5:30PM
Farm to Table Cooking Demo
with Jon Young

Saturday May 13th, from 10AM
San Isidro Day
Free community event

Thursday May 18th at 5:30PM
Sheep Shearing Demo

.....
Workshops are \$5 unless otherwise noted. Full schedule at losranchosnm.gov/agri-workshops/

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Welcome to the Village!

The Village of Los Ranchos is proud to welcome and support new businesses that have chosen to make Los Ranchos their base of operation. Some of these are new starts and some have relocated from elsewhere. We urge you to stop by, say hello and make an appointment or a purchase.

Business Name	Address	Type of Business
Blackbird Hair Studio	6820 4th Street NW	Hair Salon
Hey Sis Beauty Bar	1770 Montano Rd. NW, Bldg 3 Unit 12	Esthetician
Arynn Hwey	7209 4th Street	Tattoo Artist
Color Wheel Toys, LLC	6855 4th Street NW, Building D	Toys and Arts & Crafts
Robyn E. Admire LCSW, LLC	1776 Montano Rd. NW Building #3	Psychotherapy Office
Skin Radiance Aesthetics	7013 4th Street NW, Suite E	Esthetician/Medical Spa
TIWA Lending Services	1776 Montano Rd. NW Suite 13	Residential Mrgages & Consumer Loans
Acu Health Hub, LLC	7013 4th St. NW, Ste D	Acupuncture & Massage
Tiara's Hair Salon, LLC	7015 4th Sts NW	Cosmetology/hairstyling
Dubiez	8318 4th St. NW	Retail/Smoke Shop/Cannabis
The Sweet PEA Bed and Breakfast, LLC	8650 Rio Grande Bvd. NW	B&B
J.E.N.M., Inc.	7628 Rio Grande Bvd. NW	B&B
Casa Kush, LLC	7218 4th Street NW	Cannabis
Center for Balance & Healing	7103 4th St. NW, Suite 3	Mental Health Counseling
Esthetics By Stephanie Nicole	1776 Montano Rd. NW	Cosmetic treatments
Melissa D. Minter	371 Schulte Rd. Nw	Financial Planning
Busy Bee Frozen Custard	6845 4th Street NW	Frozen Custard Ice Cream Shop



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Look Who's Back!



Dominic Tomba | Cell: 505-977-4830 | dtomba@losranchosnm.gov

Allow me to reintroduce myself. My name is Dominic Tomba and I am returning to the Village as the Animal Welfare Officer and will also be fulfilling a brand-new role as Animal Husbandry Program Manager. I was a Village employee from 2015 to 2022 in the position of Animal Welfare Officer/Park Maintenance.

I have spent close to half of my life working with animals large, small, and everything in-between. I've earned the highest certification through the Colorado State University National Animal Care and Control program as well as a Technical Large Animal Emergency Rescue certification from NMSU. I have previous experience as a veterinarian technician, trap-neuter-return specialist, and kennel manager. On top of that, I am also certified in euthanasia as well as chemical immobilization.

I'm here as a resource for any questions, concerns, or for consultation about the care and maintenance of animals as well as best practices in animal husbandry at the Agri-Nature Center.

My office will be located at the Agri-Nature Center and I will be working alongside Joshua O'Halloran and Sabrina Apodaca. Please feel free to reach out to me with any questions or concerns regarding animal care, integrating livestock, and Ordinances pertaining to animals within the Village. I'm looking forward to getting back into the field and connecting with the land, the animals, and the residents of the Village of Los Ranchos.

Lavender in the Village Grant Funding Available

Grant funding is available to non-profit or educational entities whose proposals help further LITV's mission: "to preserve and enhance Los Ranchos public open space; stimulate an interest in sustainable agriculture, with an emphasis on educating the public, including such matters as historic agriculture, lavender, and its uses; and fostering community spirit."

How to Apply

- ▶ Applicants may apply for a grant amount between \$250 and \$5000 (max).
- ▶ Funds must be used between April 1, 2023 and April 1, 2024.
- ▶ To apply, download the Grant Application at LavenderInTheVillage.org/grant-application/
- ▶ Applications should be submitted no later than Wednesday March 22, 8:00 pm.

LavenderInTheVillage.org/grant-application/



Spring on the farm

There's nothing quite like spring in our little corner of the North Valley. As the days lengthen and vegetables, herbs and flowers move from the greenhouse to the fields, there are countless ways to enjoy the season at Los Poblanos.

Seasonal treatments at the Hacienda Spa

Luxurious guest rooms

Restorative yoga and meditation classes

Field-to-fork dining at Campo

Elegant Afternoon Tea

Inspired shopping at the Farm Shop

Visit lospoblanos.com for all our seasonal offerings and upcoming events.



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BUSINESS AND ECONOMIC DEVELOPMENT COMMITTEE UPDATE

The Business and Economic Development Committee has been meeting throughout the last year to find ways to support businesses, create activities for residents, and capture the heart and soul of the Village.

The Committee is wrapping up its recommendations and will present them to the Board of Trustees in March. The timing is to coincide with the development of the Village budget.

Themes consistent throughout the planning process have been as follows:

1. Increased activities that all residents can take part in, such as more festivals on 4th Street
2. A heritage cultural center or virtual center for telling the story of Los Ranchos and capturing Village identity
3. A branding campaign that helps define the character of the Village
4. Support businesses directly through signage and parking and other tangible resources
5. Business recruitment of appropriate scale businesses
6. Development of a foundation to support Village initiatives by leveraging funds with private resources

While this started out as a business group, it has morphed into a way to enhance/maintain the character of the Village understanding that the businesses float on the soul of the Village.

The Committee conducted a small survey of businesses and community members to assess needs and thoughts on ways to support the businesses in Los Ranchos. Take-aways from the business survey were that businesses generally feel supported and positive about being in the Village. They expressed interest in seeing more commerce—especially restaurants and a grocery store, and better signage. Respondents were mostly newer businesses (1-6 years). The community survey was represented by mostly long-term residents (+120 years). Those residents expressed interest in attracting more visitors, more activities, and more retail, grocery and restaurants. Most had not been to the Agri-Nature Center until this past summer. The top capital projects were a small community center and pickle ball courts. A desire for more gathering places was a top theme of both surveys. Other themes were how business, culture, history and agricultural heritage are intertwined.

The Committee recognizes substantial energy in our community and a capacity to make it one of the best places to live in the region. Aligning with and harnessing this energy is admittedly challenging, but the efforts of this Committee and its work-product stand as testimony to the positive outcomes we can achieve by working collaboratively.

Look for a final report in March.



Rayos Del Sol Mercado on 4th Street

(Village Parking Lot at 6780 4th Street)

Photos are from the "Lost in Love Market" on February 4th. More information, and to sign up as a vendor at their Instagram account [rayosdelsolmercado](https://www.instagram.com/rayosdelsolmercado).



Honoring Dr. Seuss: Green Eggs and Ham Scramble

Ingredients

- Onion
- Ham
- Mushrooms
- Greens (spinach/kale/chard)
- Eggs
- Salt and pepper to taste

Sauté chopped onion in olive oil in a frying pan. Add chopped ham and sauté for a couple of minutes. Add chopped mushrooms and continue to sauté the mixture. Add chopped fresh spinach, kale or chard or a combination of chopped fresh greens and sauté the mixture stirring occasionally. Add gently whipped eggs to the veggie mixture and stir / scramble the egg/veggie mixture until firm. Top with grated cheese and cover with a lid to melt the cheese.

Recipe by Sue Brawley

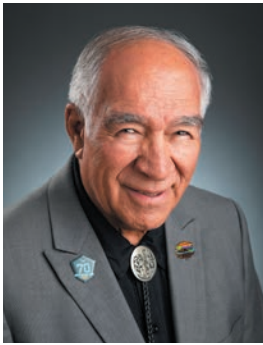


Summary of Residential Property For Sale in the Village of Los Ranchos

Listing#	Street#	Street Name	Listing Price	ApxSqFt	BR	BA	G	Lot Acr.	Listing Office	Office Phone	Listing Member
1024698	5425	Eakes	\$5,900,000	10259	5	8	7	2	The Maez Group (MAEZ01)	(505) 718-4980	Joseph Maez
1018334	7515	Rio Grande	\$3,500,000	4401	3	4	10	5.82	Keller Williams Realty (KWLR01)	(505) 271-8200	Dominic Serna
1023711	5816	Padre Roberto	\$3,200,000	7980	4	5	3	1.04	Berkshire Hathaway NM Prop (PGRE02)	(505) 798-6300	The Schnoor Team
1020207	5301	Rio Grande	\$2,800,000	7060	3	6	6	3.7	Keller Williams Realty (KWLR01)	(505) 271-8200	Dominic Serna
1019706	7622	Rio Grande	\$2,800,000	2785	3	2	2	4.24	Berkshire Hathaway NM Prop (PGRE02)	(505) 798-6300	Patricia Field
1024201	7028	Rio Grande	\$2,795,000	Vacant land				6.8	Berkshire Hathaway ALLSTAR (ALST01)	(505) 994-8585	Juan Duran
1019883	8817	4th Street	\$2,750,000	Vacant land				7	Coldwell Banker Legacy (CBLR14)	(505) 292-8900	Nichole Bronstorp
1026198	1422	El Portal	\$1,600,000	6103	4	5	3	1.15	Realty One Group Concierge (CLLC01)	(505) 318-1111	Catalina Soltero
1025420	6928	Guadalupe Tr.	\$1,599,000	4915	3	4	4	0.94	Coldwell Banker Legacy (CBLR09)	(505) 293-3700	Giulia Urquhart
1019061	7821	Guadalupe Tr.	\$1,299,000	4705	7	5	0	0.71	RogerCox&Assoc Prop. Mgmt, LLC (RCAI03)	(505) 268-2800	Brian Anderson
1023718	1020	Ortega	\$1,295,000	3382	4	5	3	0.5	Ida Kelly Realtors (RAMC01)	(505) 888-1000	Channing Kelly
1024775	1600	Francisca	\$1,250,000	3749	4	4	3	1.08	Keller Williams Realty (KWLR01)	(505) 271-8200	Faith Real Estate Group
1018256	7829	Rio Grande	\$1,200,000	5168	4	5	5	1	Coldwell Banker Legacy (CBLR14)	(505) 292-8900	Timothy Tourville
1024852	6823	Guadalupe Tr.	\$989,000	4406	4	4	2	1.58	Kate Southard Real Estate (KATE01)	(505) 264-9586	Kate Southard
1019033	707	Calle del Pajarito	\$600,000	4139	5	4	3	0.47	Absolute Real Estate (NINV01)	(505) 681-8578	Michael Schlichte
1025535	308	Enchanted Valley	\$450,000	2058	4	2	2	0.37	Realty One of New Mexico (RONM02)	(505) 883-9400	R. Jean Duran
998155	7221	Zia View	\$320,000	Vacant land				0.55	Absolute Real Estate (NINV01)	(505) 681-8578	Leola Robledo
998647	7201	Zia View	\$320,000	Vacant land				0.55	Absolute Real Estate (NINV01)	(505) 681-8578	Leola Robledo
998648	7220	Zia View	\$320,000	Vacant land				0.56	Absolute Real Estate (NINV01)	(505) 681-8578	Leola Robledo
998646	7200	Zia View	\$320,000	Vacant land				0.56	Absolute Real Estate (NINV01)	(505) 681-8578	Leola Robledo
1024524	322	Nara Visa	\$250,000	Vacant land				0.46	Berkshire Hathaway NM Prop (PGRE02)	(505) 798-6300	Steve Soto

The information herein is deemed reliable, but not guaranteed from SWMLS compiled on or before January 23, 2023 by Tim Tourville, Coldwell Banker Legacy.

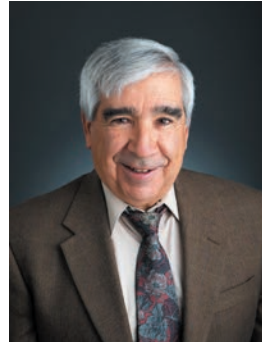
BOARD OF TRUSTEES MEETING SUMMARIES



Donald T. Lopez
Mayor



Sandra Pacheco
Mayor Pro Tem



Gilbert Benavides
Trustee



Allen Lewis
Trustee



George Radnovich
Trustee

DECEMBER 14, 2022 7:00PM/Regular Meeting

Location: Warren J. Gray Chambers and streamed on the Village Website and via Zoom

Present: Mayor Pro Tem/Trustee Pacheco, Trustee Benavides, Trustee Lewis

Excused Absent: Trustee Radnovich, Treasurer Will Fisher

Chair: Mayor Donald T. Lopez

PROCLAMATION/MOMENT OF SILENCE

Honoring the Passing of Municipal Judge Diane Albert

AGENDA APPROVAL

PUBLIC COMMENTS

Comments by Camille Varoz, 427 El Paraiso Road NW, Randy McKee, 749 Chavez Road NW, J.T. Michelson, 5001 Rio Grande Blvd NW

PRESENTATIONS

Mr. Robert Chavez, Citizens Advisory Committee (CAC); Committee update.

FINANCIAL BUSINESS

- A. Discussion and Approval of the November 2022 Cash Report. **Motion Passed 3-0**
- B. Discussion and Approval of Resolution No. 2022-12-01; A Resolution recommending Budget Adjustment Revisions (BAR), to the Cannabis Excise Tax Fund. **Motion Passed 3-0**
- C. Discussion and Approval of Resolution No. 2022-12-02; A Resolution recommending Budget Adjustment Revisions (BAR), to the FEMA Grant Fund. **Motion Passed 3-0**

PUBLIC HEARINGS

- A. Discussion and Approval to Advertise Ordinance No. 293; Granting a Franchise to Comcast of New Mexico, LLC, to Construct, Maintain and Operate Cable Facilities and Infrastructure in the Public Rights-of-Way within the Village of Los Ranchos de Albuquerque; Repealing Ordinance No. 66. **Motion Passed 3-0**

UNFINISHED BUSINESS

- A. Discussion and Approval for Advertisement of Ordinance No. 292; Amending the Village of Los Ranchos Codified Ordinances Chapter 2, Article 1, Section 4; the Village Treasurer's compensation. **Motion Passed 3-0**

NEW BUSINESS

- A. Discussion and Approval of Resolution No. 2022-12-03; A Resolution Extending the Moratorium on Pilot Project and Conservation Development Standards Permit Applications to May 31, 2023.
Public Comment: Linda McKee, 427 Chavez Road-In Favor
Motion Passed 3-0
- B. Discussion and Approval Resolution No. 2022-12-04; A Resolution Approving the adoption of the New Mexico Municipal League's (NMML) Record Retention Policy. **Motion Passed 3-0**
- C. Discussion and Approval of Resolution No. 2022-12-05; A Resolution Declaring the Office of the Municipal Judge vacant.
Motion Passed 3-0
- D. Pursuant to Chapter 11 Municipal Court; \$11.1.5 Vacancies; In the event that the Municipal Judge resigns, is removed, dies or ceases

continued on next page...

BOARD OF TRUSTEES MEETING SUMMARIES, *continued*

residence within the municipality, the Mayor shall declare the office of the Municipal Judge vacant. Vacancies in the office of Municipal Judge shall be filled by appointment by the Board, at either a regular or special meeting, and Municipal Judges so appointed shall serve until the next Regular Local Election (2025).

I. Christina P. Argyres—Confirmation of Temporary Municipal Judge to Appointed Municipal Judge

Motion Passed 2-1

E. Pursuant to § 3-11-6 A. (1) NMSA 1978; Subject to the Approval of a Majority of all members of the Governing Body; The Mayor shall submit the names of employees to the Board of Trustees for confirmation.

I. Dominic Tomba—Animal Control Officer/Animal Husbandry Program Manager

Motion Passed 3-0

F. Discussion, Consideration, and Approval of the Governing Body Regular Meeting day and time for calendar year 2023.

Motion to defer to March 2023, Passed 3-0

TRUSTEE INFORMAL DISCUSSION

Roundtable discussion is informal; the Board of Trustees will take no official vote or other official action.

Mayor Lopez

- Announced a pre-legislative town hall meeting here at Village Hall on January 4, 2023, from 6:00.-7:30 p.m.

Trustee Pacheco

- Thanked the staff, administration, and the residents for the hard work that was put into the many projects and discussions this year.

Trustee Lewis

- I want to commend the staff on the beautiful Christmas lights that have been put up. I thought going up Osuna Boulevard and seeing them at Edgewood Park is a beautiful entry into the Village.

Trustee Benavides

- Acknowledged neighbor Chris Teague who passed away. Also father-in-law, Eddie Garcia, who lives in the Village, who was inducted into the New Mexico Music Hall of Fame.

JANUARY 11, 2023 7:00PM/Regular Meeting (DRAFT Minutes*)

Location: Warren J. Gray Chambers and streamed on the Village Website and via Zoom

Present: Trustee Benavides, Trustee Lewis (via Zoom), Trustee Radnovich

Excused Absence: Mayor Pro Tem/Trustee Pacheco, Treasurer Will Fisher

Chair: Mayor Donald T. Lopez

AGENDA APPROVAL

PUBLIC COMMENTS

Cindy Smith, Community School Coordinator, Los Ranchos Elementary; 7112 Pan American Freeway NE Unit 175, Albuquerque, NM 87109; Loretta Chavez Smith, 536 Chavez Road NW; Joe Craig, 505 Calle del Pajarito NW; Gordene MacKenzie, 7315 Guadalupe Trail NW; Nancy Nangeroni, 7315 Guadalupe Trail NW

PRESENTATIONS

Traffic in the Village, Public Safety Liaison, Fred Radosevich

FINANCIAL BUSINESS

A. Discussion and Approval of the December 2022 Cash Report. **Motion Passed 3-0**

B. Discussion and Approval of Resolution No. 2023-01-03; A Resolution recommending Budget Adjustment Revisions (BAR).

Motion Passed 3-0

UNFINISHED BUSINESS

A. Discussion and Approval to Adopt Ordinance No. 293; Granting a Franchise to Comcast of New Mexico, LLC, to Construct, Maintain and Operate Cable Facilities and Infrastructure in the Public Rights-of-Way within the Village of Los Ranchos de Albuquerque; Repealing Ordinance No. 66. **Moved to February 8, 2023.**

continued on next page...

BOARD OF TRUSTEES MEETING SUMMARIES, *continued*

NEW BUSINESS

- A. Discussion and Approval of Resolution No. 2023-01-01; A Resolution Concerning Board of Trustee Meetings and Public Notice Requirements. **Motion Passed 3-0**
- B. Discussion and Approval of Resolution No. 2023-01-02; A Resolution Amending the 2024-2028 Infrastructure Capital Improvement Plan (ICIP). Administrator Simon explained the Resolution is an amendment to the ICIP list that was adopted in September. This was not on our list, this is to add the refurbishment of the Village trolley as a coffee truck and workforce development tool for young adults and children with disabilities, especially hearing disabilities. The Village is developing an MOU with the Albuquerque Sign Language Academy.
Public Comment: Joe Craig, 505 Calle del Pajarito NW, Loretta Chavez Smith, 536 Chavez NW, Gordene Mackenzie, 7315 Guadalupe Trail NW, Nancy Nangeroni, 7315 Guadalupe Trail NW, Jennifer Kueffer, 722 Mullen NW, Bob Keers, 7037 Guadalupe Trail NW (All Opposed)
Motion Failed 3-0
- C. Discussion and Approval of Resolution No. 2023-01-04; A Resolution Accepting the Approval of a Celebration Permit. Administrator Simon presented the Resolution which is preparation for the Matanza at the Agri-Nature Center in February.

TRUSTEE INFORMAL DISCUSSION

Roundtable discussion is informal; the Board of Trustees will take no official vote or other official action.

Trustee Benavides

- We have a Citizens Advisory committee now; I think that is a good thing.
- I think we need to revisit Trustee pay again
- People are welcome to email me

Trustee Radnovich

- Proposing that the Village funds art/art projects.
- We need to do something to make the El Camino more of an asset as opposed to a detriment.
- Three years is enough time and to have another on call released.

Trustee Lewis

- Rules that will allow discussion on certain items might be a good issue to go before the Citizens Advisory Committee.

Mayor Lopez

- Affordable Housing Act does not apply to the Village Center project. Not all affordable housing is funded via the Affordable Housing Act. Developers have dozens of options in pursuit of affordable housing.

* Keep a look-out for the approved minutes on our website (LosRanchosNM.gov/BoardOfTrusteesMeetings) in the coming months...



COMPLETE APPROVED MINUTES AT [LOS RANCHOS NM.GOV/BOARD OF TRUSTEES MEETINGS](https://LosRanchosNM.gov/BoardOfTrusteesMeetings)

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505 271 8200

RAISED PEDESTRIAN CROSSING FOR PEDESTRIAN SAFETY

The Village will be installing a Raised Crosswalk on Chavez Road at the location of the existing pedestrian crosswalk between the Caballero neighborhoods. Raised Crosswalks are ramped speed tables spanning the entire width of the roadway, often placed at mid-block crossing locations. They raise the entire wheelbase of a vehicle to reduce its traffic speed. Speed tables are longer than speed humps and flat-topped, typically with a height of 3–3.5 inches and a length of 10 to 22 feet wide. They combine the benefits of a raised speed reducer with enhanced visibility for the pedestrian crossing.

Raised Crosswalks are recommended for roadways with fewer than 9000 cars per day and with speed limits of 30 mph or less. They are a traffic calming measure that reduce vehicular speeds, making the area much safer for pedestrians, bicyclists, and hose riders, but are more emergency vehicle friendly than speed bumps. The crosswalk is demarcated with paint and/or special paving materials.



Examples shown taken from the Urban Street Design Guide by the National Association of City Transportation Officials. More information at nacto.org/publication/urban-street-design-guide/.



The location on Chavez Road where a Raised Crosswalk will be installed.



THANK YOU BCSO

Thank you for your presence in our Village. We have been noticing more patrol cars since Sheriff Allen took office and appreciate the attention.

We recently had a chance to meet Captain Justin Kimbrough who will be our area Command for the North Valley.

Welcome to Captain Kimbrough; we look forward to working together.

